

READING LIST

Philosophy of Life

Below is a selection of books that have significantly shaped the way I think, speak, and act. It is not complete and nor is it compulsory to read any of them. But to be true to my own ethics, I share them with you as an insight to how I have shaped my thoughts, words, and actions. I hope you find them useful! - Mark Croweller AFSM

✓ Easy read ✓✓ Stimulating read (a bit harder) ✓✓✓ Profound read (a bit harder still)

Philosophy/Ethics

Baggani J (2018) *How the World Thinks: A Global History of Philosophy*. London: Granta Books. ✓✓✓

Malik K (2014) *The Quest for a Moral Compass: A Global History of Ethics*. London: Atlantic Books. ✓✓✓

Taylor C (1991) *The Ethics of Authenticity*. London England: Harvard University Press. ✓✓✓

Tutu D (1999) *No Future Without Forgiveness*. London: Random House. ✓✓

Tutu D and Tutu M (2014) *The book of forgiving: The fourfold path for healing ourselves and the world*. London: William Collins. ✓

Theology/Religion

Bowker JW (2015) *Beliefs That Changed the World: The History and Ideas of the Great Religions*. London: Quercus Publishing Ltd. ✓✓

Dalai Lama (2009) *Becoming Enlightened*. London: Random House. ✓

Dalai Lama (2010) *Towards the True Kinship of Faiths: How the world's religions can come together*. London, UK: Abacus. ✓

Gyatso K (2003) *Universal Compassion: Inspiring Solutions for Difficult Times*. Cumbria, England: Tharpa Publications. ✓✓✓

Gyatso K (2012) *The New Eight Steps to Happiness*. Glen Spey, NY, USA: Tharpa Publications. ✓✓✓

Gyatso K (2014) *How to Understand the Mind: The Nature and Power of the Mind*. Cumbria England: Tharpa Publications. ✓✓✓

Smoley R (2002) *Inner Christianity: A Guide to the Esoteric Tradition*. London: Shambala. ✓✓

Tacey D (2015) *Beyond Literal Belief: Religion as Metaphor*. Mulgrave, Victoria: Garatt Publishing. ✓



Mythology

Campbell J (ed.) (1991) *A Joseph Campbell Companion: Reflections on the Art of Living* New York: Harper Collins Publishers Inc. ✓✓

Campbell J (2001) *Thou Art That: Transforming Religious Metaphor*. California: New World Library. ✓✓

Campbell J (2008 [1949]) *The Hero With a Thousand Faces*. Novato, California: New World Library. ✓✓✓

Johnson RA (1983) *We: Understanding the Psychology of Romantic Love*. New York, NY: HarperCollins. ✓

Johnson RA (1989) *She: Understanding Feminine Psychology*. New York, NY: HarperCollins. ✓

Johnson RA (1989a) *He: Understanding Macsuline Psychology*. New York, NY: HarperCollins. ✓

Polittics

Mandela N (1994) *Long Walk to Freedom*. London: Little, Brown and Company. ✓✓

Maalouf A (2000) *In the Name of Identity: Violence and the Need to Belong*. New York: Arcade Publishing. ✓✓

Walker A (2007) *We Are the Ones We Have Been Waiting For: Inner Light in a Time of Darkness*. London, UK: Weidenfeld & Nicolson. ✓✓

Soul

Jeffers S (2007) *Feel the Fear and Do It Anyway: Dynamic techniques for turning Fear, Indecision and Anger into Power, Action and Love*. UK: Jeffers Press. ✓

MacKay H (2018) *Australia Reimagined: Towards a more compassionate, less anxious society*. New South Wales, Australia: Pan Macmillan ✓

Moore T (1992) *Care of the Soul: How to add Depth and Meaning to your Everyday Life*. London, UK: Piatkus Books. ✓✓

Moore T (2004) *Dark Nights of the Soul: A Guide to Finding Your Way Through Life's Ordeals*. London, UK: Piatkus Books. ✓✓

Myss C (2009) *Defy Gravity: Healing Beyond the Bounds of Reason*. London, UK. ✓

O'Kelly E (2006) *Chasing Daylight: How My Forthcoming Death Transformed My Life*. New York NY. ✓

Robinson K (2009) *The Element: How Finding Your Passion Changes Everything*. Camberwell, Australia: Penguin Group. ✓

Robinson K (2011) *Out of Our Minds Learning to be Creative*. Hoboken: Wiley. ✓

Wheatley M (2017) *Who Do We Choose To Be? : Facing Reality, Claiming Leadership, Restoring Sanity*. Oakland: Berrett-Koehler Publishers. ✓✓

